



MEG SCAN GUIDELINES

DATE

ADDRESS

Dear ,

You are scheduled for your **MEG scan and VNS Shut-Off** on ____, 2024 at _ am/pm.

The MEG Lab is located in the **Fitzsimons Building (aka Building 500 or old Fitzsimons Army Hospital)**, at 13001 E 17th Pl., Aurora, CO 80045 (see below “Arriving For Your Visit”). **Please keep in mind that there is only ONE MEG Lab in the state of Colorado and the location is at the Fitzsimons Building. Should you receive an automated call from UCHealth asking you to arrive at any other location, that is incorrect and should be ignored. This is an error in the Electronic Medical Record at this time and is being corrected and repaired soon.**

Preparing for your visit:

- Patient **must** be sleep deprived, **no more than 4 hours of sleep** on the night prior to visit
- **No caffeine 8 hours** prior to visit
- You can take your medications **as prescribed**
- Wear comfortable clothes
- No makeup
- No hairspray or hair gel (MEG electrodes and EEG coils will be placed on patient’s head)
- No metal, including jewelry (gold ok); watches; belts
- Wear a sports bra with no metal pieces (no underwire, no adjustable straps, no metal fasteners), OR be prepared to remove bra prior to scan.

Arriving for your visit:

- **Please arrive ON TIME!**
- **MEG Scan:** The MEG lab is located in the **Fitzsimons Building**, 13001 E 17th Pl., Aurora, CO 80045, on the CU Anschutz Medical Campus located behind the Anschutz Outpatient Pavilion. **Please note that the Fitzsimons Building is NOT located in University Hospital (see campus map included).**
- Patients may park in the **Ignacio Visitor Lot** located on the north (back) side of the Fitzsimons Building (Pay-to-Park \$1/hour). There is a designated spot for you (see photo to the right “Neuro-Magnetic Laboratories CUNeuroMag.org Patient Parking”), but it will still cost \$1/hour to park.
- You may also park in the **free lots provided by UCHealth and/or Children’s Hospital** and walk to the front entrance of Fitzsimons Building (a short 5-minute walk).
- Please wait in the **lobby** on the **ground floor** of the Fitzsimons Building. The MEG Scan Technician will walk you to the Lab. If staff is not in lobby when you arrive,



DEPARTMENT OF NEUROLOGY
MEG LAB

please wait in lounge/seating area (do not leave lobby area). NOTE: There is no check-in desk at this facility.

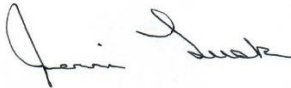
- **If you are running late or are unable to find the Fitzsimons Building, please call the MEG Lab at 303-724-4704; Technician (Konstantin) Cell Phone 970-430-6840; Technician (Katheryn) 720-507-5147.**
- **NOTE: If you need to reschedule your MEG scan, call Jerri Lusk at 303-724-2184. This is very important, as the MEG Scan Technician arrives at the Fitzsimons Building from an off-site location.**

What to expect:

- Each visit lasts 3-4 hours (including setup/takedown).
- If patient has VNS, this will be shut-off and turned back on in the MEG Lab by the MEG Scan technician.
- Patients will be set up with EEG and MEG electrodes.
- The actual MEG scan will take about **90 minutes**, but total appointment time will last from 3-4 hours in total. Patients will simply need to sleep during scan.

Please visit our website to read about the MEG Laboratory located at the University of Colorado by clicking [HERE](#) or go to <https://cuneuromag.org/meg-lab/clinical-meg/>

Thank you,



Jerri Lusk - MEG Lab