*MEG SCAN GUIDELINES*

The MEG Lab is located in the **Fitzsimons Building** (aka Building 500 or old Fitzsimons Army Hospital) (see below **“Arriving For Your Visit”**).

**Preparing for your visit:**

* Patient **must** be sleep deprived, no more than 4 hours of sleep on the night prior to visit
* No caffeine 8 hours prior to visit
* Wear comfortable clothes
* No makeup
* No hairspray or hair gel
	+ No metal, including: Jewelry (gold ok); Watches; Belts
* Wear a sports bra with no metal pieces (no underwire, no adjustable straps, no metal fasteners), OR be prepared to remove bra prior to scan.

**Arriving for your visit:**

* **Please arrive ON TIME!**
* **MEG Scan:** The MEG lab is located in the **Fitzsimons Building**, 13001 E 17th Pl., Aurora, CO 80045, on the CU Anschutz Medical Campus located behind the Anschutz Outpatient Pavilion. **Please note that the Fitzsimons Building is NOT located in University Hospital (see campus map included).**
* Patients may park in patient/visitor parking near UCHealth (free, but 5-10 minute walk to Building 500), OR you may park in the Ignacio visitor lot, just north of the Fitzsimons Building off of 19th Ave (Pay-to-Park, $1/hour, right next to Building 500)
* Please wait for staff to meet you in the lobby of the Fitzsimons Building (ground floor, south entrance). If staff is not in lobby when you arrive, please wait in lounge/seating area **(do not leave the lobby area).**
* If you are running late, need to reschedule, have questions, or are unable to find the **Fitzsimons Building**, please call Jerri Lusk at 303-724-2184.

**What to expect:**

* Each visit lasts 3-4 hours (including setup)
* Patients will be set up with EEG and MEG electrodes
* The actual MEG scan will take about 90 minutes. Patients will simply need to sleep during scan.

Thank you,

MEG Lab